**Appendix 5-Reflection**

All clinicians are expected to demonstrate evidence of reflection –this can be as a result of patient comments; a difficult clinical encounter; a very positive clinical encounter or a serious untoward incident or critical incident. These reflections can be used to onform the PDP, and also to determine what CPD the clinician may require.This is usually recorded on a standardised form , and example of which is shown below

**Dentist** Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ GDC No.\_\_\_\_\_\_

Service / Placement \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_

**Please identify what this reflection is focused on**….

* Progress towards achieving the competencies within the curriculum
* A significant case or incident
* Progress towards a previously identified learning need.
* Other (please specify)

**Details**:

*E.g. case description, competencies / domains reflected upon etc*

**Looking back on action (self assessment)**

*What went well? What were the challenges? What didn’t go well?*

**Evidence considered during reflection**

*E.g. feedback from assessment? Nurse feedback? Patient feedback? Unexpected outcomes of procedure? Own feelings?*

**Analysis**

*Describing WHY. E.g. identifying cause & effect for unexpected case outcomes, or identifying reasons why progress slow in one competency are and fast in another etc*

**Improvement / Change**

*Describe the learning outcomes from this exercise. Identify what you will do to address any slow progress or problems, Describe SMART\* Learning Objectives.*